

Fine Motor Activities

- Mold and roll play-doh into balls using the palms of your hands
- Mold and roll play-doh into tiny balls using fingertips
- Use pegs or toothpicks to make designs in play-doh
- Cut play-doh
- Scrunch up pieces of newspaper – great for building strength
- Tear paper
- Use tweezers to pick up small items like marshmallows, cheerios, pennies, etc.
- Lacing or sewing activities
- Eyedroppers to pick up colored water and turn coffee filters into an art project
- Make pictures using stickers
- Do connect the dots
- Use stencils
- Do mazes
- Practice writing in salt, sand, or shaving cream
- Use sidewalk chalk – practice shapes, letters, and names
- CUT, CUT, CUT! The more practice your child has cutting, the better they will be prepared for kindergarten cutting activities